## 2016 -- H 7616

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## STATE OF RHODE ISLAND

### IN GENERAL ASSEMBLY

#### **JANUARY SESSION, A.D. 2016**

### AN ACT

## RELATING TO HEALTH AND SAFETY -- INSURANCE--MENTAL ILLNESS AND SUBSTANCE ABUSE

<u>Introduced By:</u> Representatives Bennett, Hull, Casey, Slater, and Diaz

<u>Date Introduced:</u> February 12, 2016

Referred To: House Corporations

It is enacted by the General Assembly as follows:

1 SECTION 1. Section 23-17.26-3 of the General Laws in Chapter 23-17.26 entitled 2 "Comprehensive Discharge Planning" is hereby amended to read as follows: 3 23-17.26-3. Comprehensive discharge planning. -- (a) On or before July 1, 2015 2016, each hospital operating in the State of Rhode Island shall submit to the director: 4 5 (1) Evidence of participation in a high-quality comprehensive discharge planning and 6 transitions improvement project operated by a nonprofit organization in this state; or 7 (2) A plan for the provision of comprehensive discharge planning and information to be 8 shared with patients transitioning from the hospitals care. Such plan shall contain the adoption of 9 evidence-based practices including, but not limited to: 10 (i) Providing in-hospital education prior to discharge; 11 (ii) Ensuring patient involvement such that, at discharge, patients and caregivers 12 understand the patient's conditions and medications and have a point of contact for follow-up 13 questions; 14 (iii) Attempting to identify patients' primary care providers and assisting with scheduling

(iv) Expanding the transmission of the department of health's continuity of care form, or

successor program, to include primary care providers' receipt of information at patient discharge

post-hospital follow-up appointments prior to patient discharge;

when the primary care provider is identified by the patient; and

1	(v) Coordinating and improving communication with outpatient providers.
2	(3) The discharge plan and transition process shall also be made include recovery
3	planning tools for patients with opioid and other substance use disorders substance use disorders,
4	opioid overdoses, and chronic addiction which plan and transition process shall include the
5	elements contained in subsections (a)(1) or (a)(2) of this section, as applicable. In addition, such
6	discharge plan and transition process shall also include:
7	(i) Assistance, with patient consent, in securing at least one follow-up appointment for
8	the patient within seven (7) days of discharge, as clinically appropriate:
9	(A) With a facility licensed by the department of behavioral healthcare, developmental
10	disabilities and hospitals to provide treatment of substance use disorders, opioid overdoses, and
11	chronic addiction;
12	(B) With a certified recovery coach;
13	(C) With a licensed clinician with expertise in the treatment of substance use disorders,
14	opioid overdoses, and chronic addiction; or
15	(D) With a Rhode Island licensed hospital with a designated program for the treatment of
16	substance use disorders, opioid overdoses, and chronic addiction. The patient shall be informed of
17	said appointment prior to the patient being discharged from the hospital;
18	(ii) In the absence of a scheduled follow-up appointment pursuant to subsection (a)(3)(i),
19	every reasonable effort shall be made to contact the patient within thirty (30) days post-discharge
20	to provide the patient with a referral and other such assistance as the patient needs to obtain a
21	follow-up appointment; and
22	(iii) That the patient receives information about the real-time availability of appropriate
23	in patient and out patient services in Rhode Island.
24	(iv) That the patient, or non-patient, presenting to hospitals, health care clinics, urgent
25	care centers, and emergency room diversion facilities with indication of a substance use disorder,
26	opioid overdose, or chronic addiction, shall receive information about the real-time availability of
27	clinically appropriate in-patient and out-patient services for the treatment of substance use
28	disorders, opioid overdose, or chronic addiction, including:
29	(A) Detoxification;
30	(B) Stabilization;
31	(C) Medication-assisted treatment or medication-assisted maintenance services, including
32	methadone, buprenorphine, naltrexone or other clinically appropriate medications; and
33	(D) Recovery coaches.
34	(4) On or before November 1, 2014 2016, the director of the department of health shall

1	develop and disseminate to all hospitals, health care clinics, urgent care centers, and emergency
2	room diversion facilities a model discharge plan and transition process for patients with opioid
3	and other substance use disorders. This model plan may be used as a guide, but may be amended
4	and modified to meet the specific needs of each hospital, health care clinic, urgent care center and
5	emergency room diversion facility. with the director of the department of behavioral healthcare,
6	developmental disabilities and hospitals shall submit revised regulations for patients presenting to
7	hospitals, health care clinics, urgent care centers, and emergency room diversion facilities with
8	indication of a substance use disorder, opioid overdose, or chronic addiction to ensure prompt
9	access to the clinically appropriate in-patient and out-patient services contained in subsection
10	(a)(3)(iv) of this section. The director of the department of health with the director of the
11	department of behavioral healthcare, developmental disabilities and hospitals shall develop and
12	disseminate to all hospitals, health care clinics, urgent care centers, and emergency room
13	diversion facilities model pre-admission, admission and discharge guidelines, a recovery plan and
14	transition process for patients with substance use disorders, opioid overdose, or chronic addiction,
15	presenting information on the real-time availability of appropriate in-patient and out-patient
16	services contained in subsection (a)(3)(iv) of this section. Recommendations from the Rhode
17	Island governor's overdose prevention and intervention task force strategic plan may be
18	incorporated into the model plan as a guide, but may be amended and modified to meet the
19	specific needs of each hospital, health care clinic, urgent care center and emergency room
20	diversion facility.
21	SECTION 2. Section 27-38.2-1 of the General Laws in Chapter 27-38.2 entitled
22	"Insurance Coverage for Mental Illness and Substance Abuse" is hereby amended to read as
23	follows:
24	27-38.2-1. Coverage for the treatment of mental health and substance use disorders.
25	(a) A group health plan and an individual or group health insurance plan shall provide coverage
26	for the treatment of mental health and substance-use disorders under the same terms and
27	conditions as that coverage is provided for other illnesses and diseases.
28	(b) Coverage for the treatment of mental health and substance-use disorders shall not
29	impose any annual or lifetime dollar limitation.
30	(c) Financial requirements and quantitative treatment limitations on coverage for the
31	treatment of mental health and substance-use disorders shall be no more restrictive than the

(d) Coverage shall not impose non-quantitative treatment limitations for the treatment of

predominant financial requirements applied to substantially all coverage for medical conditions in

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each treatment classification.

1	mental health and substance-use disorders unless the processes, strategies, evidentiary standards,
2	or other factors used in applying the non-quantitative treatment limitation, as written and in
3	operation, are comparable to, and are applied no more stringently than, the processes, strategies,
4	evidentiary standards, or other factors used in applying the limitation with respect to

5 medical/surgical benefits in the classification.

(e) The following classifications shall be used to apply the coverage requirements of this chapter: (1) Inpatient, in-network; (2) Inpatient, out-of-network; (3) Outpatient, in-network; (4) Outpatient, out-of-network; (5) Emergency care; and (6) Prescription drugs.

(f) Medication-assisted therapy treatment or medication-assisted maintenance services of substance use disorders, opioid overdoses, and chronic addiction, including methadone, buprenorphine, naltrexone or other clinically appropriate medications, maintenance services, for the treatment of substance use disorders, opioid overdoses, and chronic addiction is included within the appropriate classification based on the site of the service.

(g) Payors shall rely upon the criteria of the American Society of Addiction Medicine when developing coverage for levels of care for substance-use disorder treatment.

SECTION 3. This act shall take effect upon passage.

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## **EXPLANATION**

### BY THE LEGISLATIVE COUNCIL

OF

## AN ACT

# RELATING TO HEALTH AND SAFETY -- INSURANCE--MENTAL ILLNESS AND SUBSTANCE ABUSE

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This act would require comprehensive discharge planning for patients treated for substance use disorders and would require insurers to cover medication-assisted addiction treatment including methadone, buprenorphine, and naltrexone.

This act would take effect upon passage.

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