LC003377

## 2024 -- H 7147

# STATE OF RHODE ISLAND

### IN GENERAL ASSEMBLY

#### JANUARY SESSION, A.D. 2024

### AN ACT

#### **RELATING TO EDUCATION -- CURRICULUM**

Introduced By: Representatives J. Lombardi, Hull, Ajello, Felix, Henries, Stewart, and Cruz Date Introduced: January 11, 2024

Referred To: House Education

It is enacted by the General Assembly as follows:

SECTION 1. Section 16-22-4 of the General Laws in Chapter 16-22 entitled "Curriculum
[See Title 16 Chapter 97 — the Rhode Island Board of Education Act]" is hereby amended to read
as follows:

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#### <u>16-22-4. Instruction in health and physical education.</u>

5 (a) All children in grades one through twelve (12) attending public schools, or any other schools managed and controlled by the state, except as provided in § 16-100-3(d), shall receive in 6 7 those schools instruction in health and physical education under rules and regulations the department of elementary and secondary education may prescribe or approve during periods that 8 9 shall average at least twenty (20) minutes in each school day. No private school or private 10 instruction shall be approved by any school committee for the purposes of chapter 19 of this title 11 as substantially equivalent to that required by law of a child attending a public school in the same 12 city or town unless instruction in health and physical education similar to that required in public 13 schools shall be given. Commencing September 1, 2012, the required health education curriculum 14 shall be based on the health education standards of the Rhode Island health education framework: 15 health literacy for all students as promulgated by the Rhode Island department of education and consistent with the mandated health instructional outcomes therein. Commencing September 1, 16 17 2012, the required physical education curriculum shall be based on the physical education standards 18 of the Rhode Island physical education framework: supporting physically active lifestyles through 19 quality physical education as promulgated by the Rhode Island department of education and

1 consistent with the instructional outcomes therein.

2 (b) The department of elementary and secondary education shall incorporate, in 3 consultation with the state department of behavioral healthcare, developmental disabilities and 4 hospitals, substance abuse prevention and suicide prevention into the health education curriculum. 5 For the purpose of this section, "substance abuse prevention" means the implementation of 6 evidence-based, age-appropriate programs, practices, or curricula related to the use and abuse of 7 alcohol, tobacco, and other drugs; "suicide prevention" means the implementation of evidence-8 based, appropriate programs, practices, or curricula related to mental health awareness and suicide 9 prevention. Further, "substance abuse prevention" and suicide prevention programs shall 10 specifically include information provided to students that mixing opioids and alcohol can cause 11 accidental death.

12 (c) The department of education shall promulgate guidelines, rules and regulations for 13 every school district, private school, mayoral academy, and charter school and make available on 14 its website, curriculum materials and such other materials as may assist local and regional school 15 committees, and governing bodies of any private school, mayoral academy, or charter school in 16 developing instructional material on the multiple dimensions of health by including mental health 17 and the relation of physical and mental health in order to enhance student understanding, attitudes 18 and behaviors that promote health, well-being and human dignity. The curriculum material and the 19 guidelines shall be developed by the department of education in consultation with groups and 20 individuals having an interest and expertise in the field of mental health and mental illness 21 treatment. 22 (d) Every school district shall include in its curriculum for all seventh grade students, a 23 four (4) hour unit of instruction on mental health and the relation of physical and mental health. 24 School districts may utilize materials provided by the department of education and the curriculum 25 shall be provided for the 2025-2026 school year and each school year thereafter.

26 SECTION 2. This act shall take effect upon passage.

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## **EXPLANATION**

## BY THE LEGISLATIVE COUNCIL

## OF

## AN ACT

## RELATING TO EDUCATION -- CURRICULUM

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This act would require the department of education to develop and make available for use
in all schools a mental health curriculum. School districts would be required to provide four (4)
hours of mental health instruction to seventh grade students commencing with the 2025-2026
school year and every school year thereafter.
This act would take effect upon passage.

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